



The Manna House Counselling Service, 73 St Giles Street, Northampton NN1 1JF – 01604 633304

Level 3 Certificate in Christian Counselling TM3C/H (102 Guided Learning Hours)

Who is this course for?

This course is aimed at students who have completed an introductory Level 2 counselling training course and believe that counselling is a ministry that God is calling them into. Increasingly, students with some experience of secular counselling training are also choosing this course in order to gain a Christian perspective on counselling.

When does the course run?

The course is run over one year starting in September and will involve one evening a week for 30 weeks (6.15pm – 9.30 pm) and an additional 2 Personal Development Days (Saturdays 9.30 am – 5 pm dates TBC).

What does the course cover?

The course covers the following elements:

- A biblical basis for counselling and the nature of Mankind.
- An explanation of some common Secular and Christian approaches to counselling.
- Developing basic counselling skills i.e. active listening, use of questions, challenging, empathy and using structured role-plays to practice these skills.
- An in depth look at the Christian 5 Circle Theory – a holistic approach to counselling.
- Consideration of the characteristics of a Christian counsellor.
- Self-awareness.
- Goal setting.

- Handling resistance and understanding defence mechanisms.
- Equality, Diversity and Culture
- Professional Codes of Ethics and Practice.
- An in depth look at a number of problems that clients commonly present with such as; grief and loss; relationship issues; depression and anxiety.
- Dealing with endings in counselling.

What qualifications does the course give me?

It is worth 16 educational credits and validated by the Counselling and Psychotherapy Central Awarding Body (CPCAB). Successful completion allows you to apply to study for Level 4 Diploma either at Manna House or elsewhere however it does not allow you to practice counselling. This course is also ideally suited to those who are involved with pastoral support, education, health or social care roles. Please note the Professional Standards Authority working with all major counselling Professional Bodies require a Diploma in Christian Counselling (Level 4) as a minimum qualification for registration as a counsellor.



What does the course involve?

The course requires attendance of teaching sessions and two Personal Development days (2 x Saturdays). The student must attend a minimum of 85% of the course to meet the criteria for qualification. This means only being able to miss up to five sessions during the course (a Saturday counts as 2 sessions). Ideally, we hope that all students will be able to attend every session to get maximum benefit from the course but should a student fall below the attendance requirements for the course the student may be offered extra tutorials based at The Manna House subject to an extra charge (this arrangement should be discussed with the Training Administrator or Course Trainer on 01604 633304).

Students must provide evidence of having achieved all the Course Learning Criteria by completing 9 Assignments which are set periodically for the duration of the course. Most assignments consist of multiple questions which require short answers (approx 1/2 side – 1 side of A4 per question). A few assignments are single questions requiring longer answers.

Students have 4 weeks after the end of the course to complete all assignments and catch up on any attendance requirements. Delays beyond this time will mean students will forfeit their Counselling and Psychotherapy Central Awarding Body Certificates but Manna House Attendance Certificates can still be awarded.

What do the fees include?

Fees include all notes and CPCAB registration. Students may also choose to take out a years student membership with the Association of Christian in Counselling and Linked Professions (ACC) at an additional cost of £22 which enables complete access to ACC's website plus a termly online journal.